

| PHU Level | OHF Stage | Permitted Activity |
|-----------|-----------|---|
| Prevent | Stage 3b | Instruction training for registered players within Association 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) No travel outside of PHU unless otherwise approved by OHF Max 30 participants (players & coaches) on-ice |
| Protect | Stage 3b | Instruction training for registered players within Association 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) No travel outside of PHU unless otherwise approved by OHF Max 30 participants (players & coaches) on-ice |
| Restrict | Stage 3b | Instruction training for registered players within Association 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) No travel outside of PHU unless otherwise approved by OHF Max 30 participants (players & coaches) on-ice |
| Control | Stage 1 | Instruction training for registered players within Association Strict on-ice physical distance required Max 10 participants (players & coaches) on-ice Minimum 2 registered bench staff present Recommend 1 on-ice coach Recommend 1 off-ice trainer (behind glass) to allow for maximum on-ice participants |
| Lockdown | N/A | No programming delivered |

The OHF and its Members are committed to the health and safety of all participants, should any questions arise do not hesitate to reach out for clarification. Your support and compliance with the relevant guidelines is of great importance to the continued success in providing an opportunity for our participants to enjoy the game.